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Editorial

Going Mental

In Las Vegas at the World Archery Festival I got to meet Lanny Bassham. Huh, you ask, he writes for you and you've never met him? Yes, that is exactly what I mean. At one point, the number of our writers that either Claudia or I had talked to face-to-face could be counted on one hand. (We do our business by email.) Hey, it is not that we don't want to fly off to Australia and Slovakia and Texas and other foreign countries to visit our authors. It just takes us a little time to get into the same place at the same time.

Getting to talk to Lanny was a revelation. He makes no bones about the fact that he is *not* a sports psychologist. He is in the business of *performance enhancement*, something he considers to be very different from sports psychology. So, for all of you who have inquired as to whether Alison Rhodius will still be writing for us, the answer is "yes." In fact, we will be running a great article of hers on goal setting and their attainment in the next issue. So, if you are an *aficionado* of mental skills, you will get both Lanny and Alison in the next issue.

In this issue you get the third part of Chris Shull's sojourn to Korea, a great introduction to setting up compound bows, more wisdom from the Sagittarius site, a review of a golf book(!), an article about the merits of hypnotherapy, and an article I just had to write about the transmission of archery wisdom through the years.

I hope you enjoy it!



A Comprehensive Index to *AFm* for 1997-2002
is available at www.archeryfocus.com.